

Queen's Birthday Honour for Cove Resident



On Friday September 13, when the Governor of New South Wales was awarding the prestigious **Order of Australia Medals (OAM)** one of our own was on the receiving line. Flinders resident John Young was awarded the medal for his services to the community of Pennant Hills. John was nominated for the award by three members of the Pennant Hills Golf Club; Dr Ian Fitzpatrick, Alistair Robertson and Don Melrose.

Before moving to the Cove in 2001, John and his wife Beverly spent around forty years in the Pennant Hills District. It was there that he carried out his service (over a period of around 25 years) as a member of the Pennant Hills Rotary Club. John was Vice President three times and Sergeant-at-arms five times. He was also the International Service Director and Assistant Director, Assistant Community Service Director and Conference Chairman. John has been the Chairman of the Pennant Hills Zone Red Shield Appeal since 1988 and was the President of the Commercial Vehicles Industry Association of Australia for a number of years.

Her Excellency Professor Marie Bashir AC CVO presented John with the OAM at Sydney's Government House. He enjoyed refreshments on the Colonnade after the presentation with Beverly (pictured) and their two children Murray and Fiona. John attributes his success to the support of Beverly, he says, "without whom none of this would have been possible."

".... Our Australian honours and awards celebrate our most cherished values. They help us to define and elevate what it means to be Australian, to be fully engaged in our democracy.

.... Across a broad range of professional, public and community service, the recipients of these accolades are our truest guides to what matters most, and our guarantee of ensuring its continuance through outward evolution and change...."

Excerpt from the message to recipients from Her Excellency The Governor-General of the Commonwealth of Australia, Ms Quentin Bryce AC. September 2013.

The Order of Australia, instituted by Her Majesty The Queen on 14 February 1975, was established as "an Australian society of honour for the purpose of according recognition to Australian citizens and other persons for achievement or for meritorious service". On 24 May 1976 the *Medal of the Order* in both the General Division and Military Division was added.

Pool 1 is finally ready for the swimming season ... replacement of gas heating (two heaters now instead of one, so there is back-up), installation of completely new solar system, and the repair to the ballast tank.

Quite extensive work in the last few months, and we thank the winter swimmers for their forbearance!

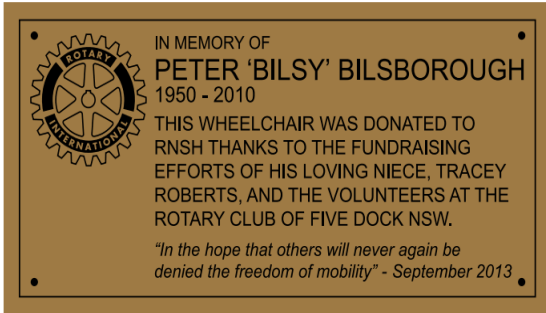
Gail Dengate
**Abbotsford Cove
Community Association**



NOW open from 5:30 to 9:30pm Wednesday to Saturday
BYO \$5 per bottle corkage
SPRING SPECIAL for Cove residents 10% discount on your dinner bill.
OFFER VALID until 30/11/2013



Joint Sponsor of Cove Newsletter



After the spinal injury and tragic death of her uncle Peter Bilsborough, Cove resident Tracey Roberts set out to raise awareness on paralysis through her first book *The Will to Live, The Courage to Die*. She also set about raising the funds for chin controlled wheelchairs for Royal North Shore Hospital (RNSH). (refer previous editions).

In May this year, with the assistance and backing of Five Dock Rotary Club, a staggering \$120,000 was raised. The money was used to buy seven wheelchairs: three with chin control and up-to-the minute technology and four non-motorised chairs. All seven were officially handed over to Royal North Shore Hospital on September 13.



L to R: Rotarian Daniel Patterson, David Bennett (Tracey's son), Hon Anthony Roberts, Simon Frame, Councillor Zac Miles and John Sidoti MP at the wheelchair presentation.

The funds were also used to establish an ongoing maintenance repair program. If anyone has or knows of anyone with an unwanted wheelchair, Tracey will arrange pick up (repair if necessary) and donation to nursing homes and palliative care patients. So far four second hand wheelchairs have been successfully reissued.

Tracey's fund raising efforts have been presented to Parliament House by the Honourable Anthony Roberts for documentation in Hansard and John Sidoti MP has nominated Tracey for **NSW Woman of the Year** for the Drummoyne electorate.

A brass plaque (as pictured) was placed on each of the seven wheelchairs given to RNSH to commemorate Tracey's uncle and the legacy inspired from his passing.

Handy Hint

If you are having reception problems on your iPhone or Android inside your building, try turning off the 3G. You probably don't need data inside anyway if you have wifi, and you will find your smart phone works much better. The only problem is remembering to turn 3G back on again each time you walk outside your door!



FURNITURE FOR SALE

Like new two white three drawer cupboards 48cm x 81cm x 77cm suitable for bedside \$60 each
 One white eight drawer cupboard 51cm x 162cm x 96cm \$300
 White Vintage Bedroom Suite: double bed and dressing table. Very good mattress available. May be sold separately.
 Make an offer, call Grahame on 0403249054



invites you to a fund-raising

Jewellery Exhibition

presented by Nepalese silversmith Dambar BK

Friday 15 November 2013

10:30 - 3:00

at 7/2 Harbourview Crescent Abbotsford

No CARD facility - CASH ONLY please

Nola Ainsworth Chairperson Reach Out Nepal Inc

(ABN 24 550 112 059)

Aqua Fitness Classes

Monday and Wednesday mornings, **8:50am** No 1 heated pool, Blackwall Point Rd *unless advised otherwise* by email. Contact Jan on 9712 3858



Bootcamp: Friday at 8:45am

Mainly for swimmers who want to challenge themselves through swimming drills/exercises. For more information email jancoulter@primus.com.au.

Maintenance Issues

Notice any community property around the Cove needing attention? Then email your request to:

maintenance@abbotsfordcove.org

This could refer to pools, tennis courts, pathways, street lights, walkways and lights, community hall, gym equipment or graffiti.

Gardening

For all garden related matters please email: garden@abbotsfordcove.org

Clubhouse bookings

Phone Whelan Property Group on 9219 4111 or email strata@whelanproperty.com.au

Social Tennis

Each Monday, from 1- 3pm on Court 1, opposite the "Pavilion".

Next ACCA Meeting

Thursday November 28, 2013
7:00pm at the ACCA Clubhouse

Community BBQ

Last Friday of each month on the foreshore under the fig tree. Held at Clubhouse during the cooler months.

Note from the editor

If you have items for future editions or know of interesting events please contact the editor on 9712 7419 or email newsletter@abbotsfordcove.org

This newsletter is sponsored by:

Abbotsford Cove
Real Estate

Thinking of selling or buying at Abbotsford Cove

Contact Mel Abboud on 9712 2500
 Or call in to The Pavilion and have a chat.

Check the website:
www.abbotsfordcoverealestate.com.au

No one knows the Abbotsford Cove market better than
Mel Abboud

Community functions are held from time to time in the grounds of Abbotsford Cove so check your building's notice board for upcoming events.